

For Immediate Release  
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November issue of Flavors And More Online Magazine  
has the latest on culinary travel, ways to cook a turkey,  
vegetarian specialties for the holidays, "The Jack," eating  
calf testicles, the joys of a small house and lots more!

At ***FLAVORS AND MORE Magazine*** we're celebrating the traditional foods of November and some not-so-conventional ones as well.

Chef Judi Gallagher gets us started with a discussion on the two most popular ways to cook the Thanksgiving bird – deep fry or oven roast. She delivers the pros and cons of each method and wants to hear from readers about their turkey-cooking experiences.

Senior writer Herb Gardener and his wife Flora recently hopped a flight to San Francisco to eat in that city, which is a gourmand's Eden. Much to Flora's horror, they went straight to Chef Chris Cosentino's place, Incanto, where Herb satisfied his palate for offal – that's right, organ meats or as Herb says, "the nasty bits." While Herb happily munched and pontificated between mouthfuls about the nuanced flavors of calf's testicles, Flora wondered if this marriage could be saved. Read all about it.

Atlanta-based food and wine writer Doc Lawrence recently served as a judge at the internationally famous culinary event called "The Jack," which is the

world's most prestigious and selective barbeque competition. It's organized at the Jack Daniel's Distillery in Lynchburg, Tennessee. Reading Doc's mouthwatering account is just like being there, without, of course sampling all that divine barbeque. But, Doc has got you covered on that.

Design writer Steven V. Philips believes that most Americans have a domestic problem. We live in houses that are too big and too stupid. Steven has got the solution and, as always, he's not shy about defining it. Steven believes it's all about adjusting and refining attitudes about how a home should perform for its occupants. He tours several models to make the point. See if you agree with him.

Food writer Erin Griswold has a review of a new and useful book about pairing food and wine that is straight from a renowned vineyard chef, John Sarich. Erin includes a wonderful recipe from the book for Asian Noodle Soup (paired with Riesling). You'll want this book for holiday entertaining. And Marsha Fottler talks about a new cookie-recipe book and offers "best tips" from home bakers that's just in time for your holiday baking and the upcoming season of gift-giving from your kitchen. Marsha also offers a time-tested recipe for a vegetarian alternative to turkey on Thanksgiving Day.

***Flavors And More*** is a monthly online magazine dedicated to the pleasures of the table realized through recipes, libations, travel, books, gardens, entertaining and insightful features that celebrate food and all those who gather together to share meals and memories.

When you have an appetite for a bountiful buffet of useful stories by an award-winning staff, we have what it takes to satisfy that hunger. We are

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