

For Immediate Release

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October issue of Flavors And More Online Magazine
has the latest on tabletop trends, cookbooks, Halloumi
cheese, AGWA coca-leaf cocktails, why hardscape in the
garden is essential and lots more.

At ***FLAVORS AND MORE Magazine*** we're celebrating the beginning of autumn with apple recipes, fried cheese, a new cookbook to add to your collection and plenty more to make you want to cook, host a dinner party, eat out, or go food shopping.

Chef Judi Gallagher discusses the different varieties of apples and when to use which ones in cooking. And she's got a great apple crisp recipe you'll want to whip up tonight. She'll also convince you to experiment with Halloumi, an ancient salty cheese that's become increasingly popular in home kitchens over the last year or so.

Design writer Steven V. Philips believes every garden needs some backbone, what the pros call hardscape. He tells you to straighten up get some hardscape right away. Plenty of tips to help you work miracles in a weekend.

Senior writer Herb Gardener observes that "what young customers in particular seem to want from their drinking experience today is pep and vitality, not sedation. Is it any surprise, then, that a distiller from free-

thinking Amsterdam has created a coca-leaf liqueur?" If you haven't heard of AGWA, you'll need to read his column. It's a jolt.

Atlanta-based food and wine writer Doc Lawrence is traveling down his Gourmet Highway again. This month he rejoices in the diversity of Florida cuisine and sings the praises of specific regional restaurants and a certain famous author (think "The Yearling") who preserved Florida regional cuisine in a very special cookbook that has never gone out of culinary fashion.

Editor Marsha Fottler says gray is the new black and that there is every reason to investigate all shades and hues of gray to set a spectacular table this fall and winter. Really? Gray? Read and believe.

Flavors And More is a monthly online magazine dedicated to the pleasures of the table realized through recipes, libations, travel, books, gardens, entertaining and insightful features that celebrate food and all those who gather together to share meals and memories.

When you have an appetite for a bountiful buffet of useful stories by an award-winning staff we have what it takes to satisfy that hunger. We are ***FLAVORS AND MORE*** and you can find us at **flavorsandmore.com**. Read, enjoy, subscribe and post a comment.

