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Weather Frightful? Make Something Delightful!

Flavors & More Magazine is full of enticing ways to kill the chill of February. It's ready for you to read now.

When the weather outside is frightful, it's time to make something delightful. ***Flavors & More*** online magazine is full of enticing ways to kill the chill of February and to let your light shine, making your home the place where everyone wants to gather for stellar meals, such as Chef Judi Gallagher's menu for breakfast at night or Sean Murphy's food and wine pairings for a dinner party or Marsha Fottler's recipes for international hot chocolate drinks.

We've got reviews of three new cookbooks you'll want to own and recipes from those books to try. One of these books, "Southern Thymes Shared," is co-authored by our own extraordinary food and travel writer, Doc Lawrence. Additionally, Kate Bennett has been peeking into shopping carts at Trader Joe's and asking her friends what to buy there. You'll want Kate's list for your next excursion to that specialty emporium. Chelsea Ferguson has good news for moms who cook gluten-free for their children and Anna Dantoni reports on a new cookbook that links events in American history with specific recipes supplied by celebrity chefs.

Steven V. Philips is focusing on your kitchen sink, specifically your garbage disposal. Get advice from a master plumber and don't put anything down that disposal until you do. And that means ice cubes too.

Flavors & More is a monthly online cooking magazine dedicated to the pleasures of the table realized through recipes, libations, travel, books, gardens, entertaining and insightful features that celebrate food and all those who gather together to share meals and memories. When you have an appetite for a bountiful buffet of useful stories by an award-winning staff, we have what it takes to satisfy that hunger. We are ***Flavors & More*** and you can find us at mycookingmagazine.com Read, enjoy, subscribe and post a comment. And be sure to check out our videos and our Facebook page.

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